



Schoharie County

Community Action Program, Inc.

in partnership with the Schoharie County Department of Health
is offering a **FREE**

Breastfeeding Class

Thursday
May 30th

6:00 - 8:30pm

Middleburgh Library
323 Main Street, Middleburgh

This class is open to all expectant mothers
who reside in Schoharie County.
Spouse and/or support persons are encouraged to attend.



Together, Heather Fretto, CLC and Amber Shultes, IBCLC
give you tips, tricks and the **confidence**
to successfully breastfeed your baby!

Please call **(518) 231-3549**
at least **two days** prior to class date
to reserve your spot!