

Schoharie County
Community Action Program, Inc.

with The Schoharie County Department of Health
are offering FREE

Breastfeeding Classes

Thursday, July 27, 2017

All classes held at:
The Middleburgh Library
323 Main Street
Middleburgh
6:00-8:30PM

This **FREE** class is open to all expectant mothers who reside in Schoharie County. Spouse and/or support persons are encouraged to attend. Together, Certified Lactation Counselors Amber Shultes and Heather Fretto will give you tips, tricks, and the *confidence* to breastfeed your baby successfully!



*Please call at least **two days** prior to class date to reserve your spot! It is only necessary to attend one of the dates listed above**

(518) 231-3549

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